



Made With Hope introduces

The Kilimanjaro Challenge

Ethical. Sustainable. Purposeful.

Made With Hope are offering a once in a lifetime opportunity for you to tick off a huge bucket list challenge whilst making a lasting difference to children's lives in rural Tanzanian communities. If this sounds like your thing, read on...

A regular feature on bucket lists, Kilimanjaro is the highest freestanding mountain in the world makes for a fantastic challenge, taking in jungle, volcanic landscapes, glaciers and classic African serengeti.

We will take you along the Machame route which enables you to gradually acclimatise to the altitude as we head for the summit. This is a challenge that you'll never forget. Yes it's going to be tough but it will be so rewarding when you reach that summit point!

This opportunity will begin with a visit to one of our partner schools that we work closely with. It will be a chance for cultural exchange, meet the children you will support and have loads of fun, Tanzanian style!

Duration:

9 days

Distance:

Approx. 69.5k

Challenge grade:

Difficult (4 out of 5)

Purpose grade:

Extreme (5 out of 5)

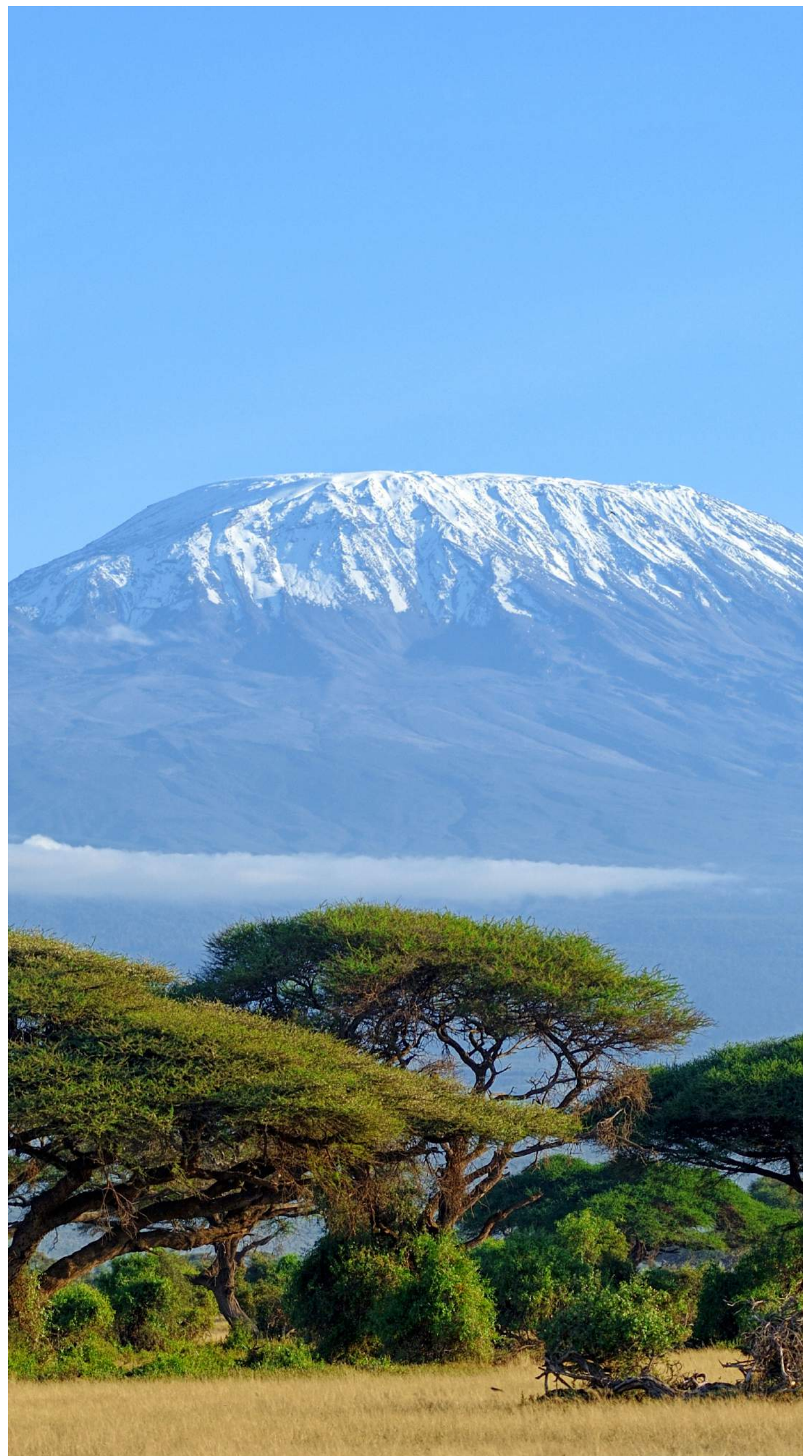
Dates:

2023 TBC

www.madewithhope.org
Call: 07590840496



UK registered
charity: 1160638



Challenge highlights

- Summit the world's highest free-standing mountain
- Epic mountain views that you'll never forget (mainly because you'll put them on Instagram)
- See the most beautiful sunrises over Mawenzi Peaks
- Ethically visit the villages that you are supporting (no-voluntourism allowed)
- Make a change to a child's life by providing them with the quality education they deserve

"The pace is slow to allow safe acclimatising. Up until the summit attempt this feels like a trek that only gradually gets more challenging"
Wendy, EDGE Kili Summitter



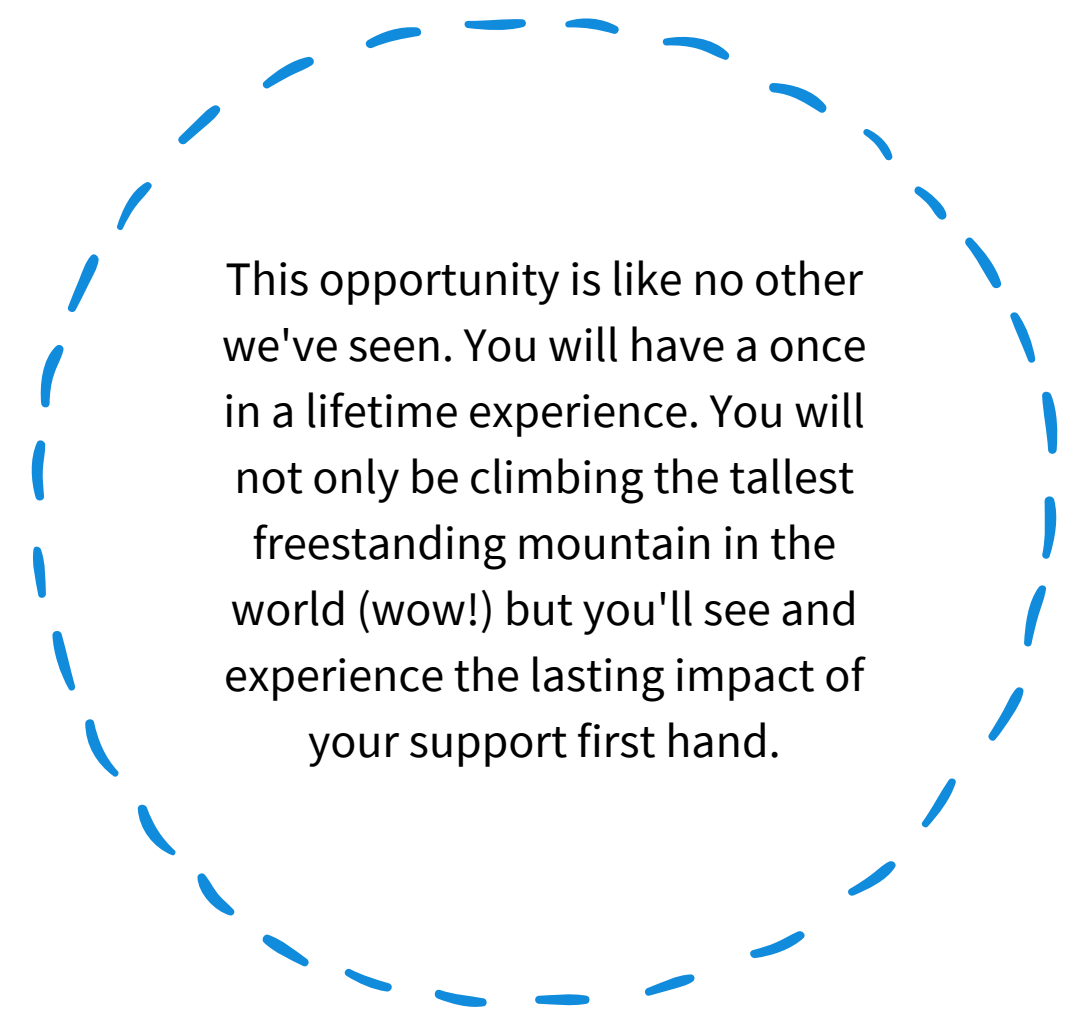
Foreword from our founder

I set up Made With Hope because I knew I wanted to do something purposeful with my life. And I'm guessing you're reading this because you want to do something purposeful too? My passion for bucket list travel took me to 6 continents and exposed me to the differences in my childhood to that of other children. Even though I came from a single-parent family where we worried about paying the bills, I couldn't understand the complete unfairness that my start in life was so different to children living in rural communities I visited in Tanzania. I had all the clean water, food and education I needed. This was sheer luck and just because of the country I was born in. This passion for greater justice in this world led me to establish Made With Hope at 23 years old. We are a small registered charity that empowers children through education to break the cycle of poverty.

I think most of us crave doing something purposeful with our lives which is why I'm excited that this expedition will enable you to both do something purposeful and tick off a huge bucket list challenge!

I hope you're excited to learn about the challenge of a lifetime!

Eleanor Riley
Founder and Director of Made With Hope



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The Marangu route

We will be climbing the Marangu route because of the outstanding views, great opportunities for acclimatisation and, mostly importantly, because we believe this route best sets you up for a safe and successful summit. As this route is slightly shorter, we've been able to build-in a day for acclimatisation at Horombo Hut.

Marangu covers forests, moorlands, and a high-altitude desert! You'll be sleeping in mountain huts, keeping you well-rested and ready to climb.

You'll be please to know that the Marangu route is the best supplied, which means more fresh food and tastier meals!

The Marangu route is affectionately nicknamed the 'Coco-Cola' route due to its popularity and high rates of successful summits.

From a decent base level of fitness most people train for the climb in 3 months+ so there is plenty of time between now and September to get your training in.

Ethical & accredited mountain leaders



You will be safely in the hands of an expert climber of Kilimanjaro: Dave from EDGE Travel Worldwide. They are a responsible, friendly and small company.

This isn't a challenge that's hosted by a big travel company where you may just feel like a number. Dave, founder of EDGE Travel Worldwide who leads this challenge, has summited the highest free-standing mountain in the world (Kilimanjaro) over 57 times and has taken over 2,800 people individually to the top in the past 19 years; including people with physical, mental and emotional disabilities and challenges. Dave's personal approach to every climber and total respect for the mountain and porters fits Made With Hope's values perfectly.



"One of the many memorable moments for me was on the final ascent walk the Tanzania team could see that people were flagging and began singing which I know had an inspirational impact on me and certainly helped get me to the top"
Paul, EDGE Kili Summitter



"I didn't know anyone on the trip but from the end of day 1 I made friends for life and I genuinely mean that. I adore everyone of the team I walked with. If your looking for a challenge I would defo recommend this one."
Angela, EDGE Kili Summitter

Itinerary

"...It's still the toughest thing I've ever done in my life I feel I found myself on that mountain. Believe it or not I actually did it again for the second time six months later!" Paulina, EDGE Kili Summitter

2023 TBC / Day 1: Transfer from Kilimanjaro International airport to Arusha



Day 2: See where your support goes before you head up the mountain

This is a rare and special opportunity to visit Made With Hope and our partners in Tanzania! This visit will show you how your fundraising will make a difference, and give you that extra motivation for the climb ahead.

The schools we work with serve rural communities around Arusha, and today you will have the opportunity to visit one of them. We'll start the day with breakfast at our hotel and then set off to meet the students, teachers and communities that your fundraising will be supporting. The roads will be bad at times, but it will definitely be worth it when we arrive! Everyone will be very excited to meet you, and you'll be able to see first-hand the facilities that the school is working with, and the improvements and changes that we've achieved together since our partnership began. There will be time for fun, games, making friends and sharing each others culture.

Next... We transfer to Moshi and check into the Mountain Inn for dinner and an overnight stay. The rest of the day is left free to prepare for the start of the trek. We may be treated to views of Kilimanjaro from here , weather permitting.



Day 3: Climbing begins!

We make a short drive to the National Park Marangu Gate and begin our hike up the mountain. Porters will assist throughout the trek, carrying all of our luggage. You only need to carry what you need for the day – waterproofs, a camera, water bottle and a packed lunch. The first stage is along a rocky path through lush rainforest, with lichens and bright ferns, huge trees and tiny colourful flowers all adding interest to our first day. We arrive at our first hut at Mandara to spend our first night on the mountain.



Day 4: Ascend to Horombo Hut

Leaving the forest, we ascend on a path through open Moorland and alpine meadow. As we are climbing to over 3,700m today, you may start to feel the effects of altitude. The guide will make sure you take your time and have plenty of rest stops; giving many opportunities to take in the views. Later, above Podocarpus Hill, the scenery changes again; rocky volcanic ravines covered with dense shrubbery, giant lobelia and groundsels, as well as many other wildflowers peculiar to Kilimanjaro. If the weather is clear you should get views of the gaunt peaks of Kibo and Mawenzi. We arrive at Horombo Hut and spend the rest of the day relaxing and exploring. There is plenty to do, but you may prefer to conserve your energy for the days ahead.



Day 5: Acclimatisation

We have built in an extra day to acclimatise. There are plenty of walks that can be done from the hut, and since we are now above the forest, views are not hampered by the trees.



Day 6: Walk to Kibo hut

The sun rises dramatically from behind Mawenzi Peak, lighting up the sea of cloud which shrouds the lower reaches of the mountain. After our rest we continue ever higher, past huge cactus like groundsel, and the last spring water. Climbing above 4,115m we get clearer views of Kibo and almost lunar landscape of the saddle. Here we'll find only the hardest forms of vegetation amid the sand and rocks. We finally reach Kibo Hut, at the base of Kibo peak.



Day 7: Summit day!

Setting off in the early morning we begin a hard walk to reach Gilman's Point on the rim of the crater. We begin in darkness, walking up a steep scree slope, past icy crevasses and giant boulders to the final ridge. It's tough at times, but there is no doubt that it is all worth it when you reach the top! Gilman's point is perhaps the most spectacular view in Africa, where the whole of East Africa seems to spread out below you. We continue around the crater rim to Uhuru peak, the highest point in Africa at 5,895m!

Then we descend to Kibo Hut for a brief rest, and then down to Horombo Hut.

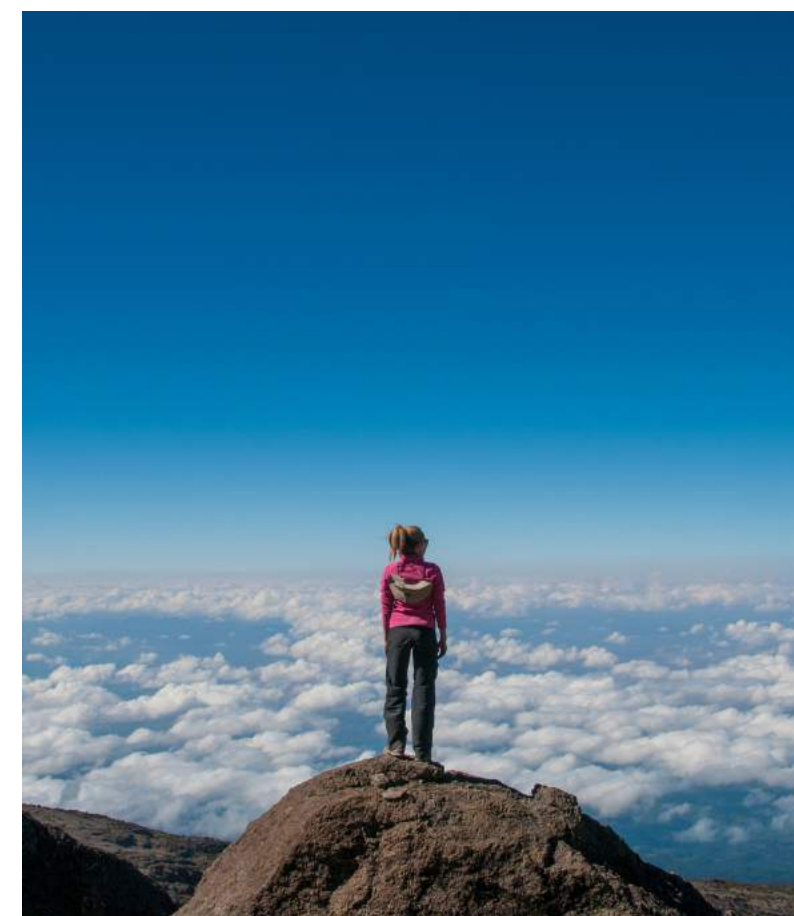


Day 8: Descent and celebration

After a good long rest at Horombo, we pass once more over Moorland and through ravines, enjoying the increasing warmth and richness of the mountain air. Stopping for a short time in Mandara, we continue down through the forest entrance and continue by road to Moshi, and onto our hotel to celebrate.



Day 9: Transfer to Kilimanjaro International airport and fly back to home





Made With Hope

Empowering Through Education

Made With Hope believes every child, especially girls, living in rural Tanzania should have access to a quality education to break the cycle of living in poverty. We empower these children through constructing or renovating schools, teacher training and resources, constructing toilets and providing access to clean water, hygiene and sanitation.

1,600 children empowered

150% increase in clean water

90% reduction in absenteeism

5 partner schools

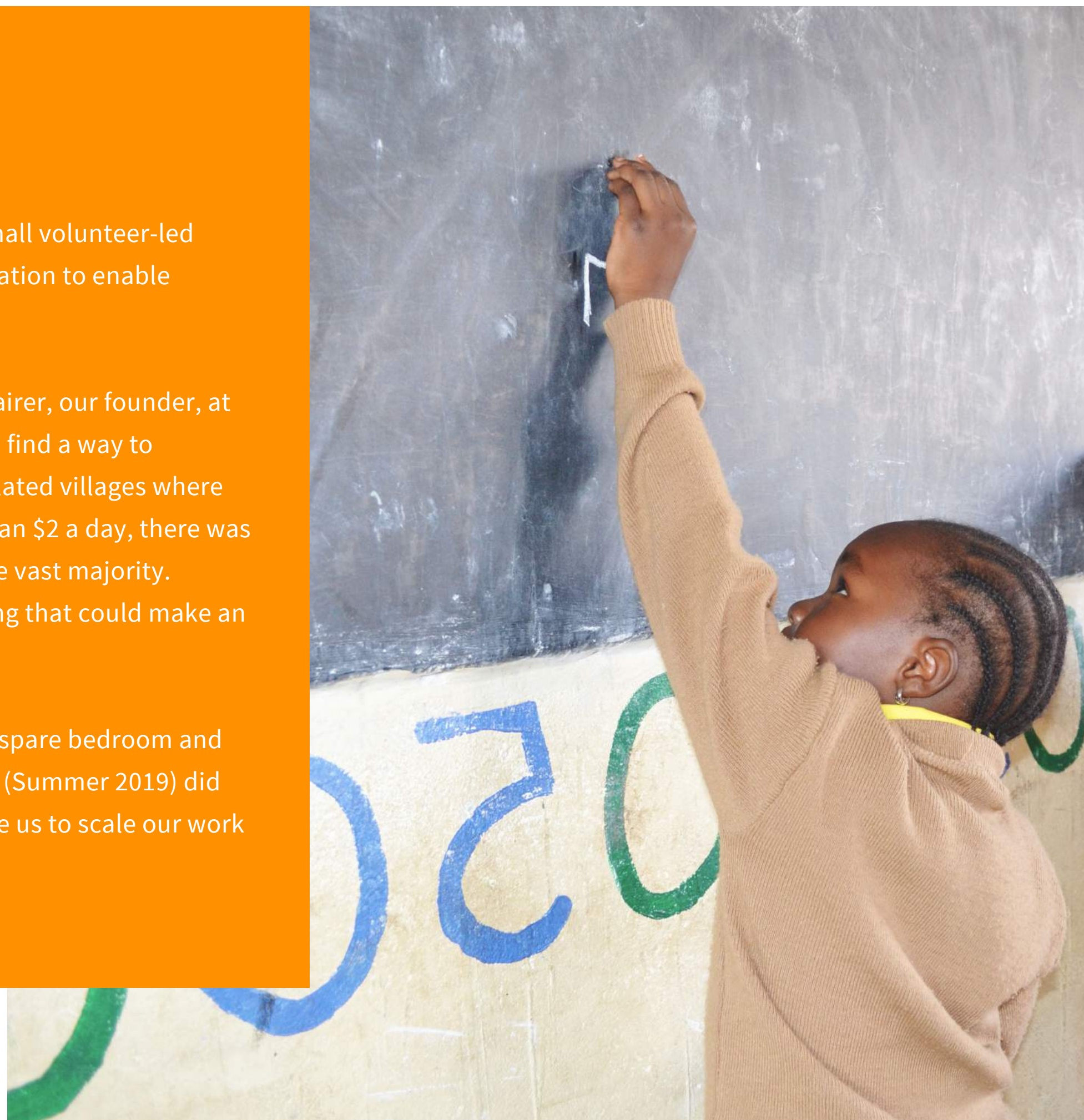
Rebecca's* life has dramatically changed since she first came to one of our schools. Education is a distraction from a life where she was neglected. She's taken every opportunity that's been given to her by Made With Hope and is now one of the top students in her class. We can't wait to see what Rebecca goes on to do!

A brief history

Established in 2013, Made With Hope is a small volunteer-led charity which exists to provide quality education to enable children to break the cycle of poverty.

With a desire to make the world a little bit fairer, our founder, at age 23 years old, visited Tanzania in 2013 to find a way to empower children living in very remote, isolated villages where life expectancy was low, income was less than \$2 a day, there was no public transport and poverty affected the vast majority. Investing in quality education was something that could make an impact to these children.

Our organisation was born in our founder's spare bedroom and run by passionate volunteers. Only recently (Summer 2019) did we hire our first paid staff member to enable us to scale our work and make a greater impact.



Impact since 2013

To date, we have fundraised over £250,000, through community fundraising, corporate donations and Trusts and Foundations to improve the lives of over 1,660+ Tanzanian children in the following ways:

- Constructed a secondary school for 250 children in a remote village (MWH funded 70% of this)
- Constructed 10 primary school classrooms - dramatically improving the learning environment and large class sizes.
- Supported the building and running costs of a school residential living accommodation project for 24 girls who were previously experiencing neglect and abandonment. This project increased school attendance from 59% to 99%.
- Installed 34 rainwater harvesting tanks across 5 schools, providing thousands of litres of water for students every day.
- Built 14 girls toilets for 400+ girls and 12 handwashing facilities for over 900 children to improve hygiene and reduce the risk of infections spreading. Through this initiative, we have reduced the number of children needing to visit the doctor by 90% over a 3 month period.

Goals for 2020

Our goals for 2020 include improving 2 dilapidated schools, increase clean water for children, construct safe toilets at schools, teacher training, empowering girls through menstruation education and products and much more!





Schools you can help transform

We work alongside Tanzanian's to find solutions together

Mshikamano Primary School classrooms are dilapidated, unsafe and students often share 4 to a 2-person desk. The classrooms are not attractive and have almost no resources meaning concentration and inspiration to learn is low. The classrooms have no windows meaning when it's rainy or windy, the students get wet and feel too uncomfortable to learn. The government only give £15 a month to spend on maintenance which makes it near impossible to renovate this school without our support. Standard 6 and 7 education is suffering because the classrooms are in such bad condition. This is worrying because these are very important academic years in primary schools. If a child does not pass their Standard 7 exams, they will never be able to attend secondary school and will have to find a poorly paid job instead.



This school is one you may visit during your Kilimanjaro challenge trip

“When it is raining students cannot hear me because there’s no ceiling. They get wet and cold as there’s no windows. This disrupts learning” Teacher

All teachers said they found it stressful to teach in such a poor environment and students education is suffering (53 out of 56 students got a C/D in Standard 7 national exams).

Exclusive to you: A community fun day

See where your support goes before you head up the mountain.

Our projects are not far from Kilimanjaro mountain which is why this challenge is so exciting because you are supporting a cause where you’re actually going.

Our partnerships with Tanzanian communities and the projects we do are so successful because they dictate their needs and we simply empower them through the amazing fundraising opportunities we’re lucky to have here in the western world. You will be able to visit our schools and meet students, teachers and communities that your fundraising will be supporting. The children and community will be so excited to meet you!

There will be time for fun, games and sharing each others culture. This is exclusive to this Kilimanjaro climb and will be an opportunity you’ll never forget! We’re sure it will give you a boost of motivation to summit the mountain whilst thinking of the children that are learning eagerly in schools you’re helping.

Made With Hope’s values: We have a high standard of ethics and morals and do not promote voluntourism, ensuring the schools we work with do not feel like a zoo. We have a strict photograph policy and ensure the community is protected whilst enjoying visitors from outside their village.

Meet our Tanzanian team and see how dedicated they are to providing a better future for children in their communities

Play with the children that your fundraising has helped



Fundraising

Raise funds for a small charity to help bring quality education to children in rural communities.

You will pay directly for your trip. However, you will have a separate fundraising target of a minimum of £1,000. The funds you raise will all help towards creating a better education for children in rural Tanzania communities. Unlike some other expeditions, we keep the costs of your climb completely separate from your fundraising target because we believe in transparency. This allows you to claim gift aid because you can tell your donors that all the money you raise is going to Made With Hope, and not paying your park entrance fees!

The final fundraising deadline is the 14th of October 2020, but we also ask that you raise at least £750 before your trip begins. We'll provide lots of support to help you fundraise.

We have lots of ideas for how you can fundraise! You could...

Show off your cooking skills by **hosting a supper club**

Organise a 5-a-side **football tournament** and charge entry

Shave your head!

Host a **pub quiz** or battle of the bands

Use eBay for charity and **clear out your wardrobe**

Let the epic-ness of this challenge speak for itself, and ask friends and family to sponsor your quest to make it to the top!



Fundraising is easier than you think.

We're a small charity that was started by a founder who only had a network of skint students to ask for money from. It's about using your own skills, being creative and tapping into your networks.



Frequently asked questions

Is this trip for me?

Of course! This trek is suitable for all abilities if you ensure you do the correct training. The minimum age for the trek is 18 years old. The only thing you need is a passion for adventure and the desire to help transform children's lives in Tanzania. This is a trip of a lifetime where team morale will be high and you will make memories to last forever! September may seem soon, but with a sensible training plan, 3 months is enough for most people to prepare. We're happy to talk through your fitness and what a good training plan for you would look like.

Who are EDGE Travel Worldwide?

EDGE Travel Worldwide is an adventure travel company that organises and leads international short and long break adventures globally. They are accredited tour operators. ABTA and ATOL bonded. With over 25 years of experience in adventure travel, events, challenges and fitness, we have chosen to partner with EDGE Travel Worldwide on this trip because we believe that their specialism teamed with our projects will be a fantastic experience for you, and because EDGE's ethical and responsible travel practices are aligned with Made With Hope's values.

EDGE Travel Worldwide's founder, Dave Pickels, will be with you on the climb. Dave has summited Kilimanjaro over 57 times and has taken over 2,800 people individually to the top in the past 19 years; including people with physical, mental and emotional disabilities and challenges. Dave is the UK and Ireland Ambassador for Helly Hansen Mountain & Outdoor and a life time member of the Royal Geographical Society.

Who will be guiding us up the mountain?

During your climb, you'll be accompanied by EDGE Travel Worldwide's friendly staff including a western leader and local guides to show you the way and share their local expertise with you. There will also be local porters and support staff to help carry your bag, keep your morale up and help you stay comfortable on your route to the summit.

EDGE Travel Worldwide are partnered with the Kilimanjaro Porters Assistance Project (KPAP), International Mountain Explorers Connection (IMEC). This means that your porters are paid and treated fairly. [Click here to find out more about these programmes](#)

What support is on the trek?

Your trek will be fully supported. You'll have a strong team with you including a qualified western leader and local guides, porters and support staff to get the perfect mix of local knowledge and western expertise. Our guides and porters are paid fairly, properly equipped and fully insured for rescue and medical emergencies.

Comprehensive first aid kits are carried on route and in a medical emergency, remote medical support will be provided from specialist doctors should it be required. Satellite phones will be used to ensure safety and security, and guides will check in with our office to get regular weather updates and confirm locations.

How fit do I need to be?

This trek is challenging (4 out of 5 in difficulty). As long as you do the correct training beforehand it is very achievable. You will be trekking for 6 consecutive days at a high altitude so good cardiovascular fitness is required. You will receive a full training guide once you've registered.

Where will we stay?

You will be staying in hotels in Moshi before and after your trek, with one night in Arusha before your school visit. The hotels we use in Arusha and Moshi are of great standards and the perfect places to gear up for your trip or unwind after your hike. Relax by the pool, opt for a massage or enjoy dinner in the restaurant. During the climb, you will be staying in the famous Horombo Huts so you are protected from the elements and well-rested for the climb.

Do I have to carry my own luggage?

No. You will be responsible for carrying your day pack for your water, sun cream, camera etc. but the porters will carry your kit bag. There is an option to leave your main bag at the hotel whilst we're on the trek.

Do I need lots of specialist equipment?

Nope. The most important things are high-quality clothes and shoes to keep you comfortable in what can be a wet and very cold environment at the summit. Once you've paid your deposit we will send you a packing list which will include things like walking boots, lots of layers, antimalarials, first aid kit, insect repellent, suncream, sleeping bag and a day rucksack.

What's included?

- Airport transfers
- Tour Leader
- English speaking guide
- Transport for itinerary
- Bottled water
- Meals where indicated
- Park entry fees

What's not included?

- Flights
- Travel insurance (mandatory)
- Personal drinks
- Items of a personal nature (drinks, snacks, souvenirs, etc.)
- Tanzanian visa (available to buy online from USD50)
- Tips to porters/local guide

Can I travel after the challenge?

Yes certainly. You just need to let us know beforehand.

Do I need to see my doctor before the trip?

Yes, It's always a good idea to book an appointment with your doctor before you travel. You will need to speak to your doctor to ensure that you're in good health, that you have all the necessary vaccinations required to keep you fit and healthy on your adventure and to get the correct antimalarial tablets before you travel.

What is the food like?

Food is morale and morale is important when you're climbing a mountain!

There are cooks who will prepare your food and who are focused on making sure you are happily fed. The food you eat whilst you climb has been designed around keeping people mountain-fit, satisfied and motivated. Dietary requirements can be accommodated - just let us know!

What about altitude sickness?

Your physical fitness will not affect whether you can cope with the altitude. Altitude sickness is caused by decreased oxygen concentration in the blood due to the lower atmospheric pressure at high altitude (complicated, right?). It can happen over 2,500m (this trek is approx. 5,895m). Symptoms can include nausea, headaches and breathlessness, but everyone reacts differently. We've designed this trek to maximise your chances of sufficiently acclimatising such as considering the route we take, the speed of the trek and acclimatisation days.

How have you picked the dates?

It's recommended to climb Kilimanjaro between June and September because the weather is better with less rain than other months.

How do I raise the funds to support Made With Hope?

Enthusiasm and consistency is key - much like your training preparation for the climb! Once you've registered, we'll be in touch to support you on your fundraising journey. £1,000 may sound like a lot, but a challenge as inspiring as a Kilimanjaro climb is a great way to raise sponsorship. We'll help you to set up a sponsorship page and launch your appeal.

Woohoo, I want to do it! Now what?

Awesome! You need to register your interest via the Made With Hope website and we'll be in touch to work out the details. If you're comfortable with everything then we'll take your deposit.. If you have any questions feel free to get in touch.

[CLICK HERE TO REGISTER](#)

Planning your trip: next steps

Step 1

Registering for your challenge

Register on the Made With Hope website. We'll give you a call to say hello, answer any questions and if you're happy to go ahead, take a deposit of £300 to secure your place on the climb. There'll also be an opportunity to talk to EDGE Travel Worldwide about all your mountain questions!

The total cost of the trip is £2,295 plus flights.

The cost just to enter the national park can be up to £900 which is included in the price!

[CLICK HERE TO REGISTER](#)

Step 2

Planning and logistics

We'll send you a pack full of all the key details of the trip, suggested packing and a full itinerary.

Book your flights and it all feels more serious! At this point there are opportunities to extend your trip with add-ons like a safari, which will be finalised at this point and added to your total.

You'll also have the chance to be introduced to other people on the climb so the camaraderie can begin!

Step 3

Fundraising and training

Now that your plans are finalised it's time to start fundraising! We'll share tips and resources with you, and if you'd like it a call to discuss your plan.

This trek is challenging but as long as you do the correct training beforehand it is very achievable. We'll send you advice and a training plan for how you can prepare yourself for the climb. We're happy to talk it through with you too.

Step 4

Pay your final balance

Pay in full no later than 12 weeks before your departure date.

** We also offer payment plan options. Call EDGE to find out more **

Optional extras

- Hot Air Balloon
- Coral and wreck Diving
- Fish and coral Snorkelling
- Kite surfing
- Spice Dow coastal exploration
- Stone Town and spice tour

Please feel very welcome to contact us with any questions!

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